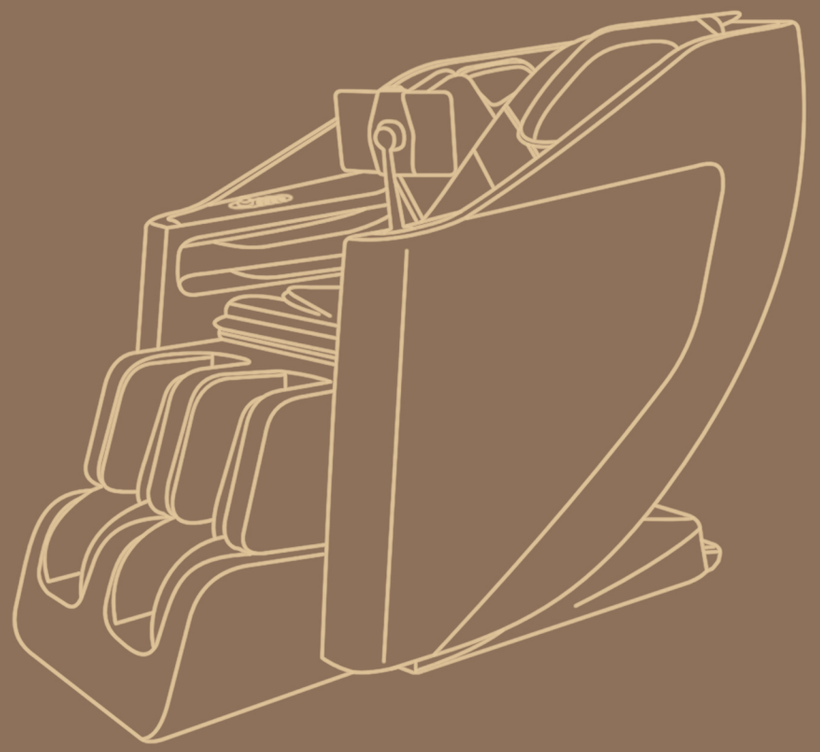
Noven *Plus*
AI MASSAGE CHAIR
USER MANUAL

GM300

Please Read the Manual Carefully Before Installing and Using the Product



GOOD MASSAGE



Proposal for a New Life

At Good Massage,
we believe true wellness begins at home.

Founded with a simple mission — to make high-quality massage chairs more accessible — we're proud to be a New Zealand brand that puts people first.

We don't chase flashy trends or overhyped technology. Instead, we focus on real comfort, functional design, and honest value.

Our products are carefully selected and tested to help families unwind, recover, and reconnect — every day.

Whether you're a busy professional, an active retiree, or simply someone who values well-being, we're here to support your lifestyle with solutions that feel good and do good.

GoodMassage is not luxury for status — it's comfort for life.

We welcome you to discover what true relaxation really means.

GOOD MASSAGE

Noven *Plus*

Designed for Real Life.
Built for Real Bodies.

The Noven Plus is built around the idea that comfort should be intelligent, but never complicated.

Instead of flashy features, we focus on what matters: real pressure where you need it, soft flow where you don’t, and adjustments that make sense.

From the 3D airbag massage engine to the extended SL track, every detail is engineered to feel natural, balanced, and effective.

Whether you’re 150cm or 190cm, tired from work or after a run — the Noven Pro adapts, without asking you to adapt to it.

Foreword

Thank you for purchasing this product.Please read this user manual carefully before using to ensure proper operation.

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Safety Instructions



WARNING

Please read all instructions before use
This massage chair must use a socket that matches the plug. Incorrect grounding can cause electric shock. Please do not modify the plugs and sockets without authorization, and be sure to entrust professional technicians to inspect them. When using electrical products, in order to check the risk of electric shock, burns, fire, or personal injury, basic safety precautions should be followed, including the following:

- Be sure to use an outlet that matches the plug.
- Make sure that the plug is fully inserted into the socket to reduce the risk of short circuit or fire.
- After use or before cleaning, be sure to unplug the plug in time.
- Do not use this product at high temperatures.
- Do not store or use this product outdoors or in direct sunlight.
- If there is a sudden power failure during use, please set the switch to the "0" position immediately, and unplug the plug to avoid damage to the product when a call comes in.
- Do not operate the massage chair if the cord is wet or damaged.
- Do not insert or unplug the plug with wet hands to avoid accidents.
- When a child, handicapped, or handicapped person is near or using a massage chair, someone must be present to look after him.
- Only use this product for the purposes described in this manual.
- Do not use accessories not provided by Momoda.
- Do not stand, sit or jump on the calf rest. So as not to cause damage.
- Please do not try to sit on the armrest or backrest, so as not to tip the massage chair over and cause an accident.
- Do not go to sleep during the massage.
- Please keep the massage chair clean and avoid inserting other objects into the gaps of the massage chair
- Do not move the massage chair directly by pulling the power cord.
- Before each use, check whether there are abnormal cracks in the flannelette of the backrest of the massage chair。
- This product is designed for home use only。
- When you are not sure whether you can use the massage chair, please consult your doctor.
- In order to avoid discomfort or injury caused by using this massage chair, the following people should consult a physician before using this product; Those receiving treatment, those with back disease, those with abnormal or distorted cervical spine.
- If you feel pain during use, please stop using it immediately. If it is damaged during use, please seek medical attention immediately.
- Do not massage red, swollen or inflamed skin.
- This product only provides comfortable massage enjoyment for the family. It is not a professional massage medical device, so it cannot replace professional treatment.
- It is recommended to use the massage chair for 30 minutes a day, and massage the same part should not exceed 15 minutes, otherwise excessive massage will result in counterproductive effects, and long-term use will cause the massage chair to overheat and shorten the service life of the product.
- Do not use this product in an environment where gas or oxygen is injected.
- This product is not suitable for children under 12 years of age.

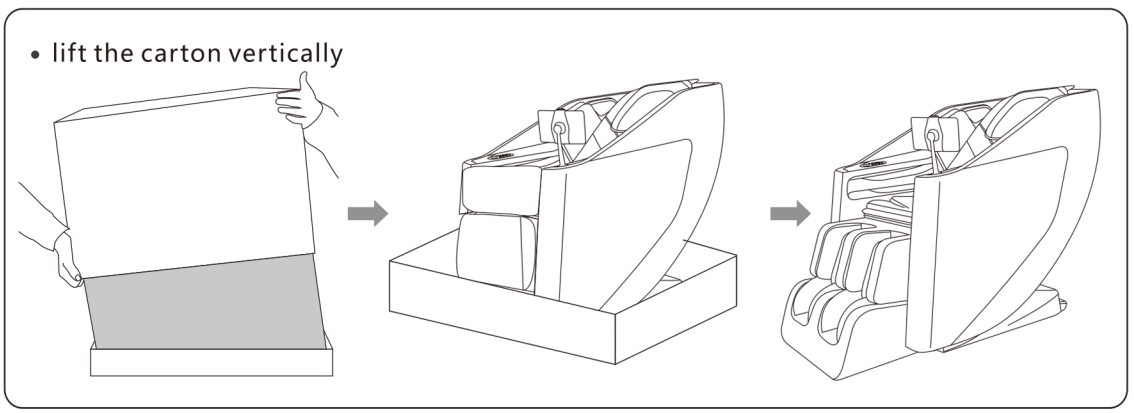
Safety Instructions

WARNING

- Those who are not allowed to use this product: those who are physically, emotionally, or mentally defective, or who lack experience and knowledge. Unless they are supervised or instructed by the person responsible for their safety regarding the use of the product.
- Children should be supervised to ensure that they do not play with the massage chair.
- If the power cord is damaged, it must be replaced with a special cord or a special component purchased from its manufacturer or maintenance department.
- The surface of the appliance heats up, so people who are not sensitive to heat must pay attention to it.
- Do not use this machine under a voltage that does not meet the standards of this machine.
- This product must use a grounded three-core power socket, and there should be a reliable and good grounding device.
- Damaged leather or cloth covers should be replaced in time. Do not use this machine to avoid personal injury.
- Do not allow water or moisture to enter the hand controller to avoid control failure.

Chair Installations

1. Unpack the carton and take all massage chair units out of the carton.



1.1. Remove secure straps and lift the carton vertically.

2.2. Take all accessories out of the cartons.

2. Placing the massage chair

*Carry the massage chair out of the carton and place at a desired location.

*Do not put this product near heat source,open flame or in direct sunlight.

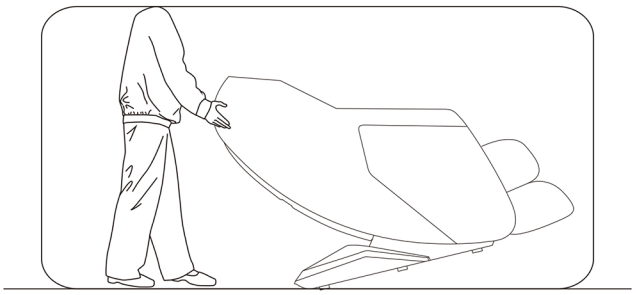
*This may cause fading or damage.

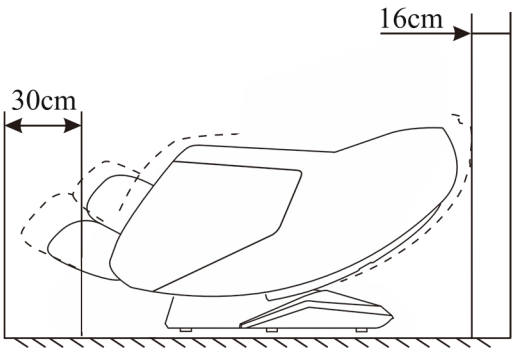
*The bottom of the massage chair may scratch the floor,we recommend placing a piece of carpet or soft mat underneath it to avoid damaging the floor.

*Please allocate clearance to the front and back(a minimum 25-centimeter clearance behind the backrest) of the product;

Chair Installations

*Do not put the massage chair in high moisture environment or on uneven unleveled floor.
*Keep it 1 meter away from the TV,radio or other audio/video appliance to avoid signal interference.

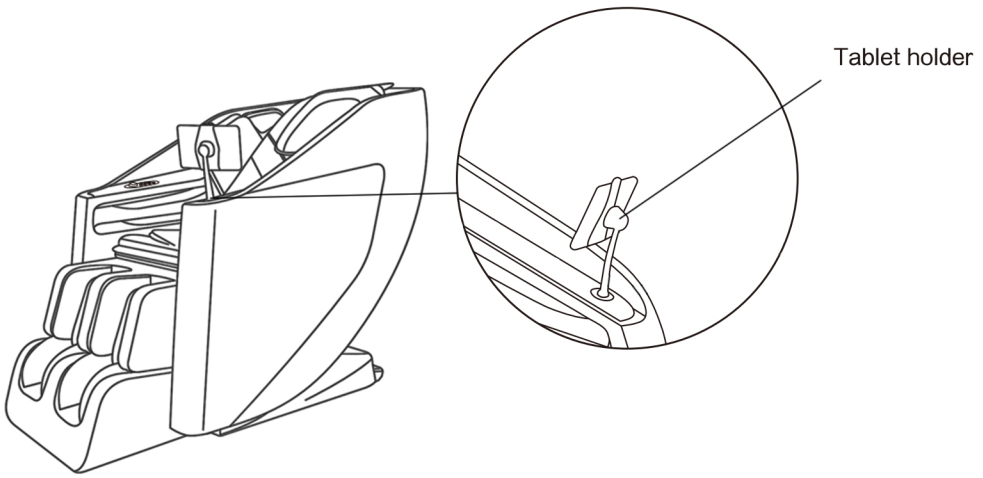




3. Install screen holder

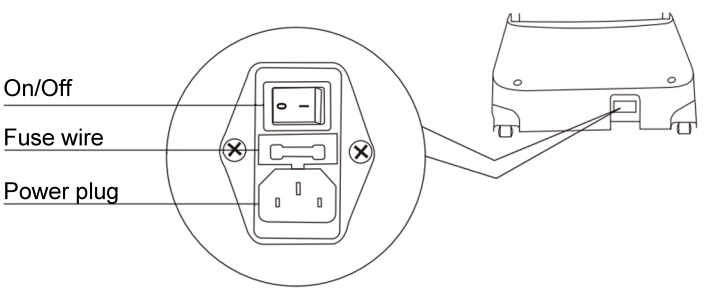
3.1. Remove the rubber tip,insert the lower end of tablet holder into the socket and turn clockwise to secure theholder into place.

3.2. Insert the smartphone holder into the hole on the tablet controllet holder, then fix it with a screw and adjust itto a comfortable position for watching.



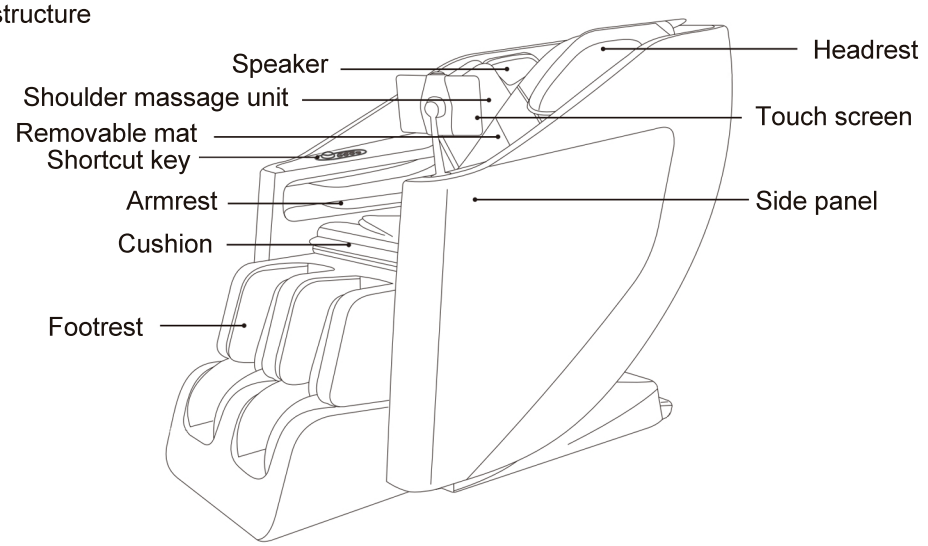
4. Connect the power cord

Plug the power cord into the chair and connect to the power outlet,turn on the main power switch, you are set to go.

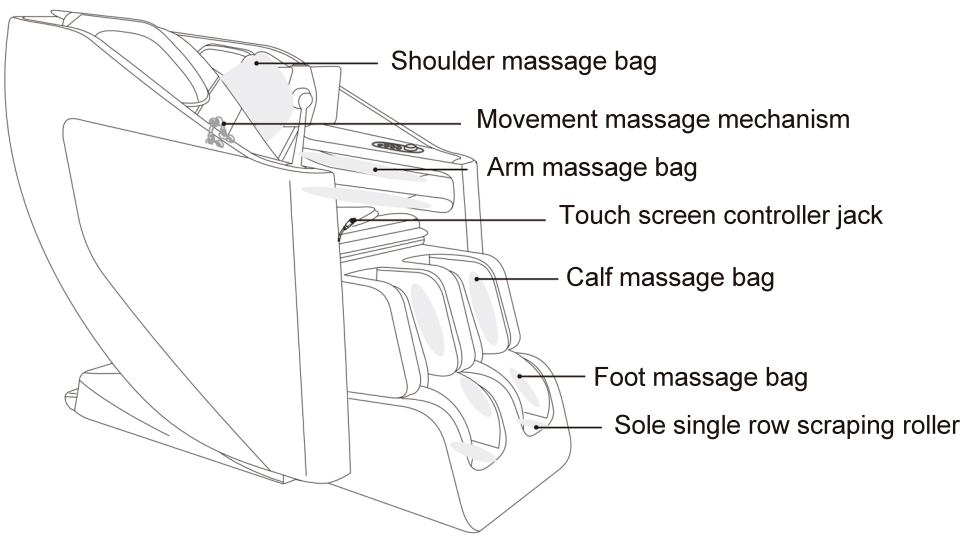


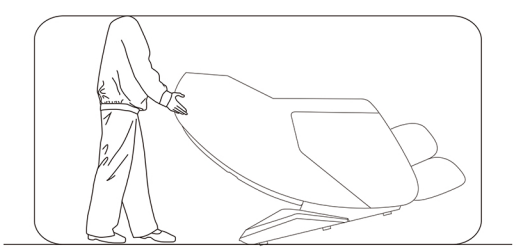
Parts of the Chair

Appearance structure



Internal structure





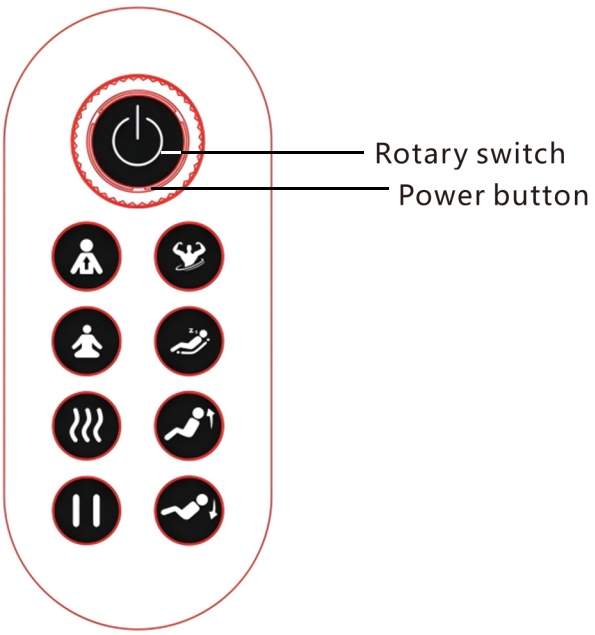
Moving the Massage Chair

1. Push down on the backrest and tilt the chair about 30°(see left figure).

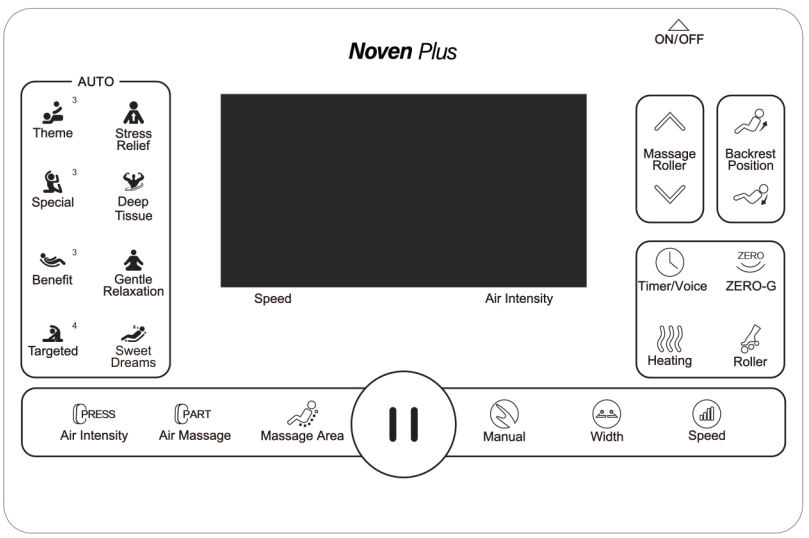
2. Roll the chair on its casters to the desired location.

Parts of the Chair

Quick button



Controller



How to Use

1. Quick Button Instructions



●Press and hold the power button for 3 seconds to turn on/off massage chair;



●Rotary switch:Rotate this switch to raise/recline the backrest.



●Stress Relief. Press this button to turn on the auto program.



●Gentle Relaxation. Press this button to turn on the auto program.



●Heating. Press this button to turn on the heat fuction, and press again to change the heating level.



●Press the button to pause massage, and press again to resume.



●Deep Tissue. Press this button to turn on the auto program.



●Sweet Dreams. Press this button to turn on the auto program.



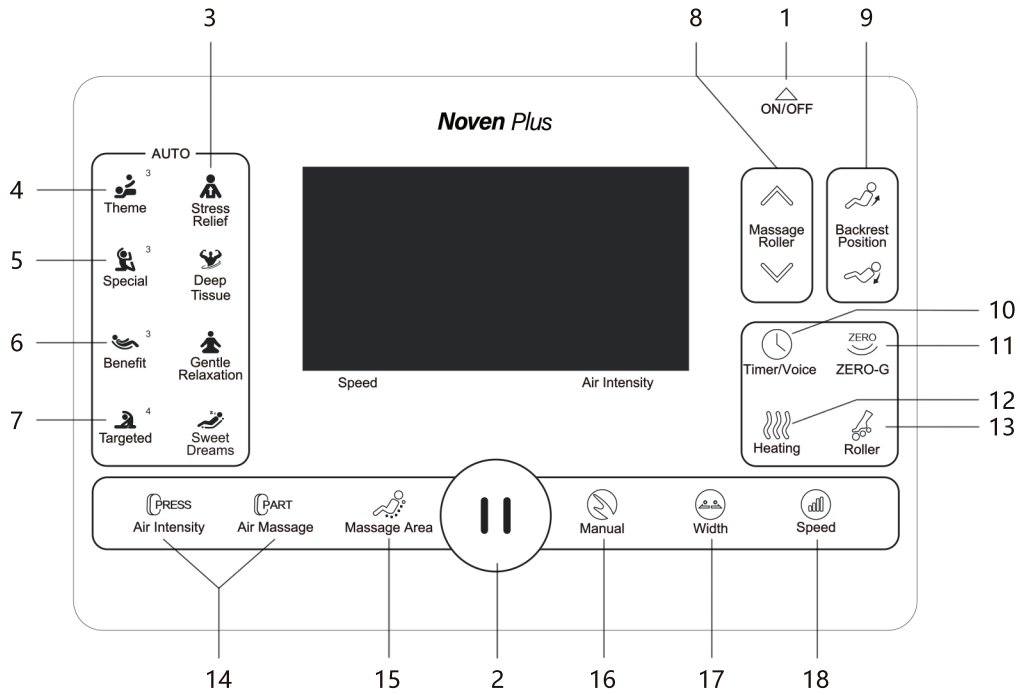
●Press this button and hold on, the backrest will keep rising, release this button when the backrest go to the right position you need.



●Press this button and hold on, the backrest will keep liedown, release this button when the backrest go to the right position you need.

How to Use

2. Controller Instructions:



3. Prepare to massage:

3.1 [ON/OFF]-icon1: Press and hold the power button for 3seconds to turn on/off the massage chair.

3.2 [Pause]-icon2: Press this button to pause massage, and press again to resume.

4. Auto Massage:

4.1 Recommended massage program –icon3: Stress Relief, Deep Tissue, Gentle Relaxation, Sweet Dreams. Press the button to proceed to the massage.

4.2 [Theme] –icon4: OfficePro, CarPro, After Sport. Press the button to active one program, and press again to choose other programmes.

4.3 [Special] –icon5: For Ladies, Brain Refresh, TV Model. Press the button to active one program, and press again to choose other programmes.

4.4 [Benefit] –icon6: Chinese Therapy, Japanese Shiatsu, Power Boost. Press the button to active one program, and press again to choose other programmes.

4.5 [Targeted] –icon7: Shoulder and Neck, Back and Lumbar, Hips Relax, Reflexology. Press the button to active one program, and press again to choose other programmes.

How to Use

5. Manual Massage:

5.1 Functions available in air massage as below:[Air Massage] –icon14: Shoulder and Arms, Calves and Foot. Press the button to choose the air massage part, or turn off air massage.
[Air Intensity] –icon14: Press the button to choose the air massage intensity, there are 5 levels.
5.2 Functions available in massage techniques as below:[Manual] –icon16: Kneading, Tapping, Clapping, Rolling,Kneading&Tapping,Kneading&Clapping. Press the button to choose the massage techniques, or turn off massage.
[Massage Area] –icon15: Full Body, Partial, Spot. Press the button to choose the massage area.
[Width] –icon17: Medium, Width, Narrow. Press the button to choose the massage width(only available in massage techniques in Tapping or Clapping).
[Speed] –icon18: Press the button to choose the massage speed, there are 5 levels.

6. Position Adjustment:

6.1 [Back Restore], [Back Recline] -icon9: Backrest angle adjustment.
6.2 [ZERO-G] –icon11: available in zero gravity angle.

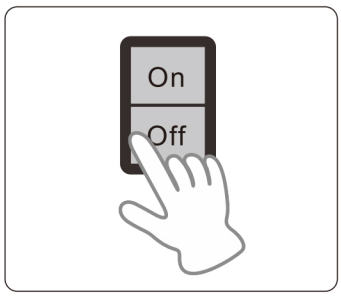
7. Massage Roller Adjustment:

7.1 Before massage start, it will first proceed to body scanning automatically.
7.2 After scanning done, user can press [UP] ^ or [DOWN] v to adjust shoulder location to feel better if need.

8. Other functions:

8.1 [Timer/Voice]: Short press to set timer in 10-15-20-25-30 minitues.
8.2 [Timer/Voice]: Press and hold for 3 seconds to turn off/on voice broadcasting.
8.3 [Heating]: Press the button to choose heating level, it’ s low, medium and high, then press again to turn off.
8.4 [Roller]: Press the button to turn on/off foot roller massage.

How to Use



The switch is on the back cover of the power box

*Press the power switch at the armrest to stop all massage motions.

*When not in use for a long period of time, be sure to turn off the power switch.

*Disconnect the power cord from the electrical outlet.

*Do not drag the power cord to avoid damage to the cord, leading to fire or electric shock.

Bluetooth Connection

*When the massage chair is on, the Bluetooth is on as the default setting, you may turn on Bluetooth on your mobile device,choose "Noven Plus" to pair.

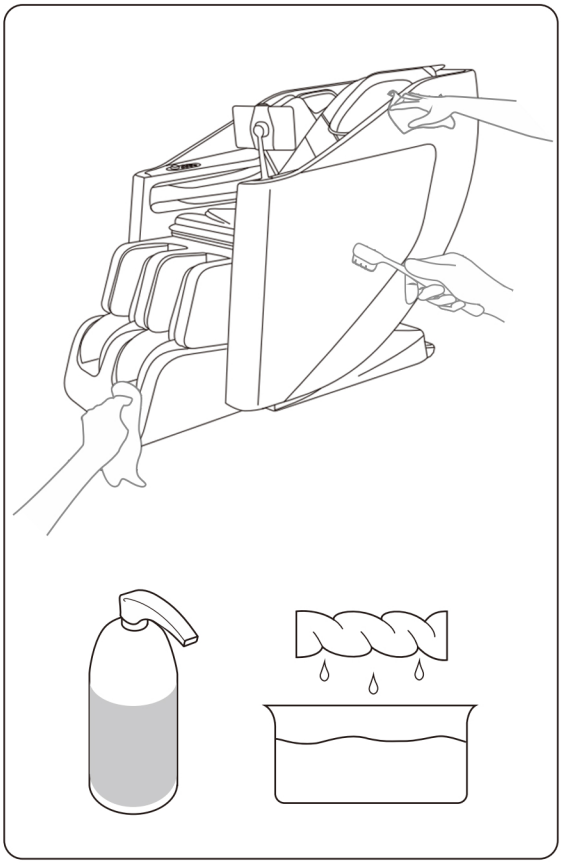
*You can enjoy music when Bluetooth is connected.

10.Troubleshooting

Situations	Solution
The sound made during operation	The sound produced by the structural design will not affect the machine.
The power is plugged in, but the massage chair cannot be operated.	Check if the power head is plugged in or is powered on. Check whether the power switch of the massage chair is in the "I" position. Check whether the power cord is damaged. Check that the fuse is damaged and replace the fuse. Check whether the manual control line is inserted well and screwed
The backrest cannot be raised and lowered freely.	Check whether there are foreign objects stuck in the backrest and lower legs. Check whether the connecting wire is loose.
During use, the controller can be operated, but the massage chair cannot be operated.	After a long period of operation, if the temperature of the machine is too high, the massage chair will It is automatically in the temperature protection state, please turn off the powerand use it for 30 to 50 minutes to let the internal heat dissipation of the machine.
During use, the controller cannot be operated, and the massage chair also stops operating	After the automatic timing function is activated. If the set time is up, please press the button again to control it.

If an abnormal situation occurs, in order to prevent accidents, please stop using it and unplug the power cord. If the following solutions are still invalid, please contact the after-sales service center.

Maintenance and Storage



Clean

Do not use steel wool, abrasive cleaners or corrosive liquids (such as gasoline or acetone) to clean the product.

❶ Unplug the plug from the power socket.

❷ Clean the massage chair, remote control and power cord with a dry cloth.

❸ Do not use a damp cloth or detergent.

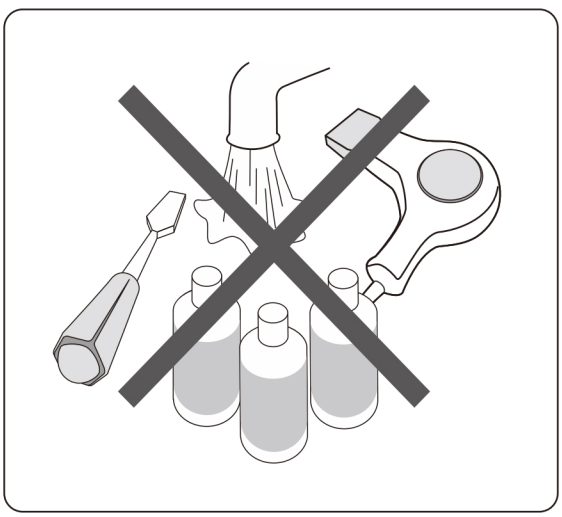
Store

❶ Unplug the plug from the power socket.

❷ Store this product in a cool and dry place away from sunlight.

❸ Do not place heavy objects on the product.

If the leather case is damaged or mechanical failure, please stop using this product and inquire from the authorized after-sales service center or customer service center in your country (region).



If you do not use it for a long time, please unplug the power cord!

Names and contents of hazardous substances in products

Name	Harmful Materials					
	(Pb)	(Hg)	(Cd)	(Cr)	(PBB)	(PBDE)
Case	O	O	O	O	O	O
Circuit Board※	O	O	O	O	O	O
Metal	O	O	O	O	O	O
Rubber	O	O	O	O	O	O
Power Cable	X	O	O	O	O	O
Internal Signal Connection Line	O	O	O	O	O	O
Leather	O	O	O	O	O	O

This form is compiled in accordance with the provisions of SJ/T 11364

※ Circuit board components include parts made up of printed circuit board machines, such as resistors, capacitors, integrated circuits, connectors, etc.

O Indicates that the content of the hazardous substance in all homogeneous materials of the part is below the limit requirement specified in GB/T26572.

X Indicates that the content of the hazardous substance in at least one of the homogeneous materials of the part exceeds the limit requirement specified in GB/T 26572.

Environmental protection use period description

This electrical product is used under the conditions described in the manual, and the harmful substances or elements contained in this product will not leak out, and will not cause pollution to the environment or cause serious damage to people and property for a period of 10 years.



Our company reserves the right to improve the product and the manual. If there is any change, we will not notify you. The appearance of the product is subject to the actual product; this booklet has been carefully checked, but it does not rule out the possibility of printing errors or misunderstandings in the content. Please forgive me.

Product Specifications

Product Name	Good Massage NovenPlus
Model	GM300
Rated voltage	220-240 ~
Rated frequency	50/60Hz
Rated power	100W
Packing dimension	1155mm(L)x765mm(W)x1080mm(H)
Weight	N.W. 63.4kg G.W. 74.8kg
Made in	China
Safety design	Class I
Default working time	20 Minutes
Enforcement standard	GB 4706.1-2005 GB 4706.10-2008
This device contains approved wireless LAN / Bluetooth module with an authorization number of CMIIT ID 2021DP9497	